

## My Health and Care passport

Information for NHS and social care staff about what is in my Health and Care passport and how to use it

## This Health and Care passport has

- Important, personalised information about when I am well and when I am unwell including how to communicate with me
- Has an important role to keep me safe

It will enable you to carry out legal duties for

- Mental Capacity and shared decision making
- Providing reasonable adjustments and help to reduce health inequalities

It does not contain clinical information. Please refer to my clinical records including the NHS Spine, Summary Care record and the reasonable adjustment digital flag.

Name I like to be called	
Full name	
I want people to refer to me words that are not needed)	as male (he/his), female (she/her), non-binary (they/ them) (delete the
Date of birth	
NHS Number (optional)	



## What is most important to me

People who are important to me

My communication

My health and wellbeing



Please c	lo and	please	don't
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How and when to support me

Also worth knowing about me

information was
updated



Supported to write	
this by:	