



# Do you worry your behaviour hurts your partner?

If you, or someone you know, are suffering from domestic abuse it can be difficult to seek help.

Go to:

[www.bexleydomesticabuseservices.org.uk](http://www.bexleydomesticabuseservices.org.uk)  
to find professional help from a range of support services in Bexley.

Contact Solace on **020 3198 4659**  
for advice and support

If you, or your family, are in immediate danger don't be afraid to call the police on 999. Otherwise contact the police on the non-emergency number 101 or visit your local police station.