

Open Access Cancer support & wellbeing Fridays

Practical and wellbeing support for patients with cancer



Not sure about something?
Come and talk to us on any Friday morning
No Appointment needed!

High quality care for every patient, **every day**

Every Friday morning you can drop in to:

- Talk to our cancer clinical nurse specialist about any questions or concerns.
- Ask our specialist dietician for information and advice on any nutritional problems. There will also be product samples for you to take away and try.
- Signposting for access to occupational therapy or physiotherapy for practical support.
- Speak to our MAGS (Macmillan Advice and Guidance Service) about help with costs or benefits or to make an appointment with a finance/benefit advisor to support you with any money concerns.
- Find out about complementary therapies, classes, support groups and hospice information.
- Ask for information about counselling, psychological wellbeing and support and for referral to our Macmillan Psychology Support Team.
- Support in keeping active, and some arranged walks via Lewisham Healthy Walks.
- Speak to our Chaplaincy team who can provide a listening ear for pastoral, spiritual and religious care for patients, relatives and carers.

**Every Friday morning 9.30am to 12 noon in Suite 8,
First floor, Pink Zone, University Hospital Lewisham**
Tea, coffee and biscuits provided